

Hilary Weeks
Willow Creek Stake – Women & Young Women Meeting
February 22, 2017

The Willow Creek Stake women and Young Women, age twelve and over, were given the opportunity to listen to guest speaker, Hilary Weeks. She is an American Christian musician and LDS singer. Hilary Weeks was born in Colorado and raised in Alaska. She and her husband, Tim Weeks, reside in Lehi, Utah with their four daughters. Hilary's husband attended Brighton High School.

Sister Weeks introduced the theme of her talk by saying after having baby number four, she became overwhelmed with her responsibilities. One weekend she felt like she just wanted to sleep! However, she got herself together and attended the Saturday evening adult session of Stake Conference. It was at this meeting, while singing the hymn, “How Firm a Foundation”, the Spirit relayed to her, Heavenly Father watches as you have given all to your family, our Savior is by thy side”.

Most of the words in our hymns, are us, speaking to our Father in Heaven. However, in four hymns, He is speaking to us:

How Firm a Foundation, page 85
Lean on My Ample Arm, page 120
Reverently and Meekly Now, page 185
Love One Another, page 308

“How Firm a Foundation” verse one, reminds us, God's word is our foundation. Satan will do what he can when we have trials and problems to convince us we are of no worth. However, a strong foundation in God's word will help us overcome worries and problems.

How are we to know of God's word? It is through scriptures, prayer, attending our meetings, partaking of the sacrament, temple attendance, etc. We will note, however, each of these examples require **action** on our part; read, speak, attend church, the temple, etc.

As one becomes “spiritually deprived”, we need to experience true spiritual hunger pains. These pains can come in the form of beginning to doubt our own self-worth, and, giving up the actions that have helped us know of God's word.

Heavenly Father is greater than any fear you have. God will never forsake you. Let go of fear. Keep your foundation strong. The Holy Ghost is real.

Hilary concluded her remarks by singing verses 1, 3, 7 of “How Firm a Foundation”.

*How firm a foundation, ye Saints of the Lord,
Is laid for your faith in his excellent word!
What more can he say than to you he hath said,
Who unto the Savior, who unto the Savior,
Who unto the Savior for refuge have fled?*

Fear not, I am with thee; oh, be not dismayed,

*For I am thy God and will still give thee aid.
I'll strengthen thee, help thee, and cause thee to stand,
Upheld by my righteous, upheld by my righteous,
Upheld by my righteous, omnipotent hand.*

*The soul that on Jesus hath leaned for repose
I will not, I cannot, desert to his foes;
That soul, though all hell should endeavor to shake,
I'll never, no never, I'll never, no never,
I'll never, no never, no never forsake!*